

Week 2 Homework

Homework Part I: Finish your personal chart

Homework Part II: DISC

- Read about your Extended DISC results. We will refer back to these concepts frequently over the next 10 sessions.
- Explain Extended DISC and your own results to someone else. Note their questions about it.

Homework Part III: Reflect on these questions

1. What does it mean to be courageous in your work environment?

2. What aspects of your DISC style particularly apply to acting with courage?

3. What aspects of your DISC style particularly apply to being adverse to courageous behavior?
